

PERSONALITY DISORDERS

*St Mary and Arch Angel Michael
Church, Houston TX.
Servant's meeting Dec. 2015*

Why do we need to know about it

- Personality Disorders are prevalent in 12% of the population.
- They are diagnosed only after the age of 18.
- We will encounter them daily and they have an impact on us and we need to have an impact on them as part of our service.
- In Sunday School we can have eagle eyes, some of the children that will develop PD can be taken care of at a young age.



Lets see

1st things 1st

- We need to target patients that have PD or traits and they can be either SS children or parents.
- Then we can start to help
- By doing this, we give them a much better chance to overcome it or at least deal with it, than children that didn't encounter this love and care.



A new way to spot personality disorders

We are trying this technique because:

- 1) Medication treatment is minimal for personality disorders, the main treatment is through counseling.

If you just **notice** them and **listen** to them, that is **90%** of the work.

- 2) DSM¹ 5 criteria are lengthy, boring and complicated.
 - ▣ Will give you an example.
 - ¹DSM (Diagnostic and Statistical Manual): used to diagnose psychiatric illnesses .
- 3) PD are long term illnesses.
 - ▣ We need to have multiple contact with the person to spot them.



It has to be persistent



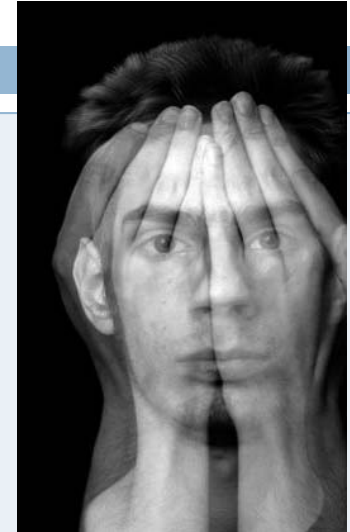
- 1) Distorted thinking patterns
- 2) Problematic emotional responses
- 3) Over- or under-regulated impulse control
- 4) Interpersonal difficulties

**SUMMARY OF SIGMUND FREUD'S PSYCHOSEXUAL STAGES
AND ERIK ERIKSON'S PSYCHOSOCIAL STAGES OF DEVELOPMENT**

Period	Stages of Psychosexual Development	Personality Traits	Stages of Psychosocial Development	Personality Traits	Core of Pathology	Radius of Significant Persons
Birth to onset of 1 year	ORAL STAGE	Act of dependency and aggressiveness; finds instant gratification	TRUST vs. MISTRUST	Hope and Drive	Withdrawal	Maternal persons or caregivers
1 year to about 3 to 4 years	ANAL STAGE	Receive primary pleasure; toilet training is being observed	AUTONOMY vs. SHAME & DOUBT	Will and Self- control	Compulsion	Parental persons
3 to 6 years	PHALLIC STAGE	Instinctual attraction for the opposite-sex parent; Oedipus complex and Electra complex is being observed	INITIATIVE vs. GUILT	Purpose and Direction	Inhibition	Basic Family
6 to 12 stage or the puberty stage	LATENCY STAGE	Increased activity with same sex peers	INDUSTRY vs. INFERIORITY	Competence	Inertia	"Neighborhood"; school

Personality disorders are 3 groups.

- ❑ Cluster A: 3 The Weird
 - ❑ Cluster B: 4 The Wild
 - ❑ Cluster C: 3 The Whinny
-
- ❑ It is believed that personality disorder patients are people that got stuck in a certain development stage from the last slide table.
 - ❑ We will do an **exercise** today and you can place patients in their developmental stage.



Cluster A



- **Paranoid** : someone that feels that everyone is out there to get them.
 - ▣ Example:
- **Schizoid** : someone that is not interested in close relationships even with siblings.
 - ▣ Example:
 - ▣ **Can be misdiagnosed as “autistic spectrum”.**
- **Schizotypal**: someone that has weird believes, preoccupations, thoughts, clothing...

Cluster C



- **Avoidant:** someone that wants to form relationships, but avoid them for fear of rejection .
 - ▣ Example:
- **Dependent :** emotionally dependent on other people and spend great effort trying to please others. People with DPD are needy, passive, and clinging, and have a fear of separation.
 - ▣ Example:
- **Obsessive-Compulsive:** is preoccupied with rules, orderliness, and control.
 - ▣ This will be your best worker. Can be overwhelming.
 - ▣ 2 Examples: AR and AE.

Cluster B:

Dramatic, emotional and erratic



- ❑ **Narcissistic Personality Disorder.**
- ❑ **Histrionic Personality Disorder.**
- ❑ **Antisocial Personality Disorder.**
- ❑ **Borderline Personality Disorder.**

Narcissistic

The Myth of Narcissus



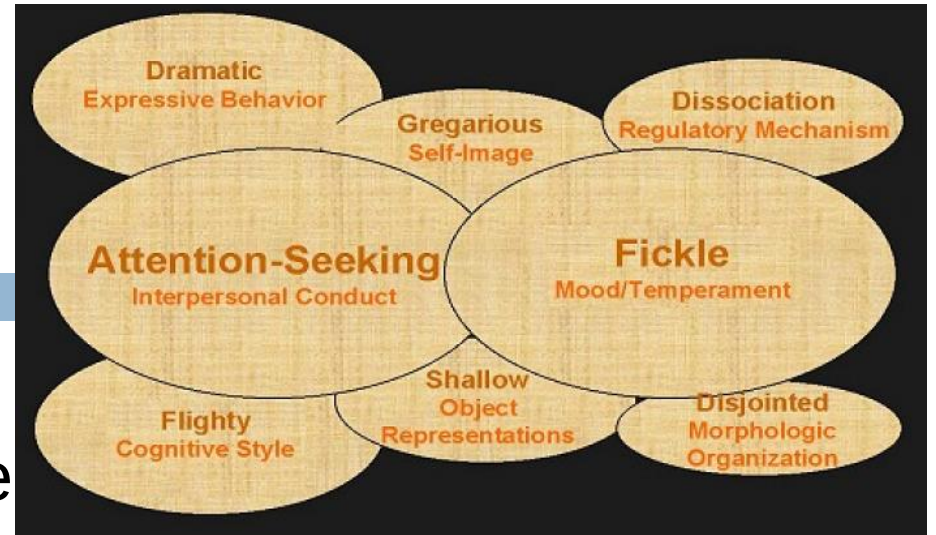
Narcissistic Personality Disorder :

- Involves arrogant behavior, a lack of empathy for other people, and a need for admiration.
- People who are narcissistic are frequently described as self-centered, manipulative, and demanding.
 - ▣ They are convinced that they deserve **special treatment**.
 - ▣ Example:



Histrionic

- (1) Uncomfortable in situations in which he/she is not the center of attention.
- (2) Consistently uses physical appearance to draw attention to self.
- (3) has a style of speech that is excessively impressionistic and lacking in detail.
- (4) Shows self-dramatization, theatricality, and exaggerated expression of emotion.
- (5) Considers relationships to be more intimate than they actually are.



Drama Queen

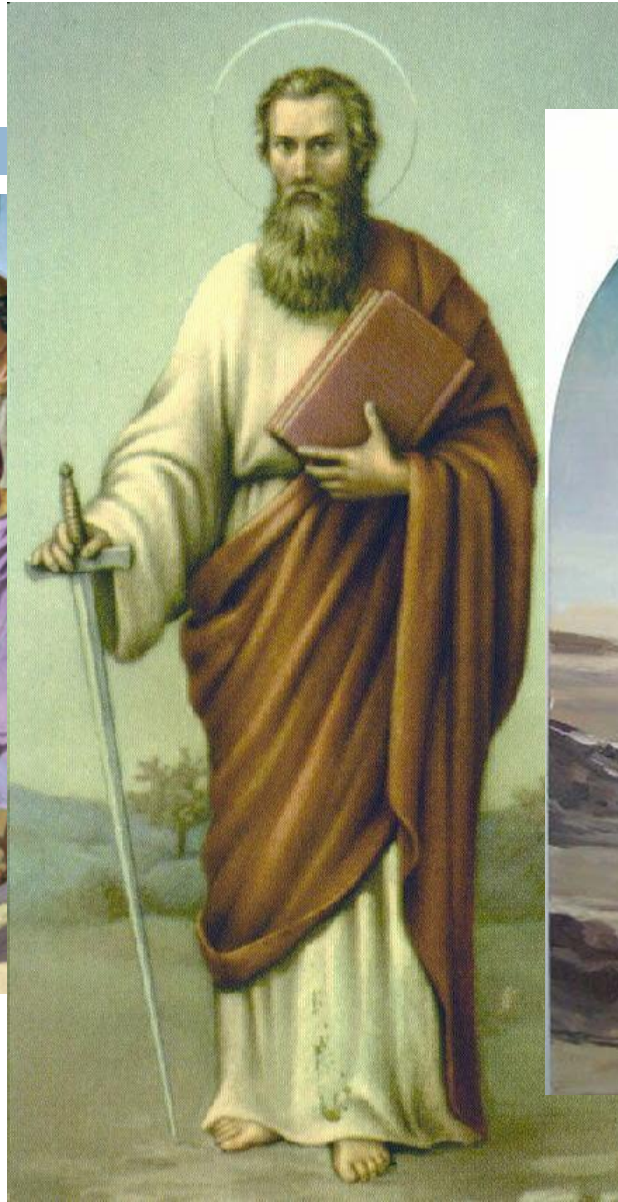


Antisocial PD

- Long-standing pattern of a disregard for other people's rights.
 - ▣ It usually begins in childhood or as a teen and continues into their adult lives.
- Under age 18 is called conduct disorder.
 - ▣ Difficulties with authority figures, cruelty to animals...
- These are the ones that will surprise you that they can never put themselves in someone else's shoes.

Let's compare people we know to clarify:





Borderline Personality Disorder



- A. Significant impairments in **personality functioning** manifest by:
 - 1. Impairments in **self functioning** (a or b):
 - ▣ a. **Identity**: Markedly impoverished, poorly developed, or unstable self-image, often associated with excessive self-criticism; chronic feelings of emptiness; dissociative states under stress.
 - ▣ b. **Self-direction**: *Instability* in **goals**.

AND

- 2. Impairments in **interpersonal functioning**
(a or b)
 - ▣ a. Empathy: Compromised ability to recognize the feelings and needs of others (i.e., prone to feel slighted or insulted);
 - perceptions of others selectively **biased** .
 - ▣ b. Intimacy: Intense, unstable, and conflicted close relationships, marked by mistrust, neediness, and anxious preoccupation with real or imagined **abandonment**;
 - close relationships often viewed in extremes of

A quote from a real patient

I have two sides:

The side when your around people and pretend like nothing wrong. Acting like you have everything together by smiling, etc when deep down your hurting.

The side when your feel all alone. You think it can't get better, you don't understand why your going through this alone and wish you had somebody to tell your problem too.

Every action or word will do this !



Patient HV

- 21 years old BIB ambulance, found unresponsive.
- Split ER staff.
 - ▣ Split doctors in various departments.
 - ▣ Split Psychiatric inpatient staff.
- I called in for medical staff meeting, everyone is angry.
 - ▣ I called in a family meeting everyone is in a corner.
- Patient is back on the street and everyone has temporary relief hoping that she goes somewhere else next time.

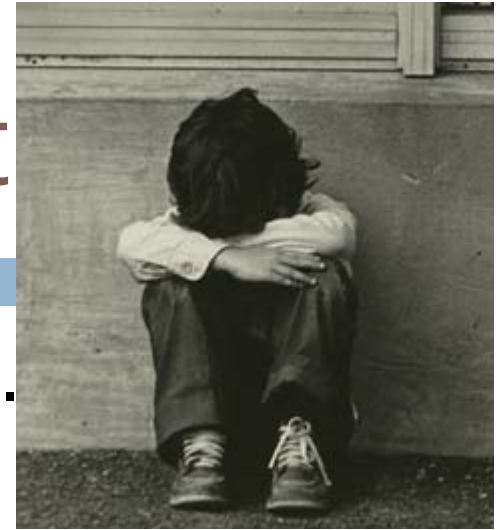
Previously BPD and ASPD

- Were regarded to be 2 faces to one coin.
- Newer classification had a different view.
 - ▣ One more common in males one more common in females.
- 75% of BPD are females.
- ASPD 75 % are males.
- Both involve childhood abandonment, emotional, physical and/or sexual abuse.



Abuse or Neglect

- Will damage the person from inside.
- The person feel comfortable only using splitting defense mechanism, an immature reaction.
- Splitting becomes a pattern in the person's life then they use it all the time as a life style.
- For emotional distress they try to inflict physical pain to distract the mental pain.
 - ▣ breaking things in the house, cutting, Tattoos, pulling hair, picking skin or induce vomiting.



Splitting gives patient some relief

- They can split people or even among themselves.
- Opposite of Sermon on the mountain when Jesus said:
 - ▣ **“Blessed are peace keepers as they are called children of God” (Mat 5:9).**
- This can result insignificant distress to the servants and we might become hopeless.
- Those children can get lost in the path of drugs or unstable relationships, or even homosexuality.

What can we do

- 1) when we face such difficulties we need to pray.
- 2) We need to start thinking like David in the example we just had.
- 3) Those patients probably never had a real love like the Samaritan woman.



The woman of Samaria by Harold Copping

As servants, with the help of Christ, we can do even more

- We can teach them that the real love Christ's love.
 - ▣ We need to provide them the love they need and this love we need it more than them.
- We can teach them some non harmful techniques, like rubber band or chewing on a raisin .
- We can be the person that provide them the attention they need in a healthy way.
 - ▣ We will never reject them but we will work together on the damaged ego and harmful feelings and actions.



GLORY



BE

TO

GOD